

# SUPPORT FOR PEOPLE FACING HARDSHIP

# COVID-19 FACT SHEET

## Additional measures are in place to support people during the outbreak.

About 6.5 million Australians will get a one off payment as part of the Australian Government's response to the COVID-19 coronavirus.

### Eligible payments include:

Age Pension, Disability Support Pension, Carer Payment, Carer Allowance, Parenting Payment, Wife Pension, Widow B Pension, ABSTUDY (Living Allowance), Austudy, Bereavement Allowance, Newstart Allowance, Youth Allowance, Partner Allowance, Sickness Allowance, Special Benefit, Widow Allowance, Farm Household Allowance, Family Tax Benefit A, Family Tax Benefit B, Double Orphan Pension.

### You'll also get the payment if you have one of the following concession cards:

Pensioner Concession Card, Commonwealth Seniors Health Card, Veteran Gold Card.

### You'll also get the payment if you get one of the following Department of Veterans' Affairs payments:

Veteran Service Pension, Veteran Income Support Supplement, Veteran Compensation payments (including lump sum payments), War Widow(er) Pension.

You'll only get one payment, even if you get more than one qualifying payment or card.

**There are a range of measures available to support families, Indigenous Australians, carers, job seekers, older Australians, people with a disability, and students & trainees.**

You should check with Services Australia to see if there are any changes to your specific situation.

If you're feeling unwell, or need to isolate yourself at home, please don't visit a service centre. If you're worried you may have coronavirus, call your doctor and let them know. You may also be able to either:

- contact your state or territory health authority about how to get tested
- ask your doctor about a telehealth appointment
- read the Department of Health's guide to isolating yourself at home

### Where to find support

Home isolation, quarantine periods and the spread of the virus can be stressful and may leave you feeling concerned. It may also be concerning for children and young people. There are a range of support services available.

Lifeline is a national charity open to all Australians in personal crisis. Call **13 11 14**.

For younger people, Kids Helpline is a dedicated phone counselling service. Call on **1800 55 1800**.

## Fast facts...

- The Australian Government's economic response to the COVID-19 coronavirus totals \$189 billion across the forward estimates.
- You can do most of your Centrelink, Medicare and Child Support business online or by self-service.
- It is vital that people take health advice from official sources, such as their state or territory health authority and the Australian Department of Health.
- You can call the National Coronavirus Health Information Line on 1800 020 080.